

## Decision Time

Jeremiah 17:9

Throughout our lives, we are confronted with decisions we never anticipated having to make. Relationship decisions. Career decisions. Financial decisions. Parenting decisions. The list goes on and on. To complicate matters further, the timeframe for making a decision is often short and our options limited. But regardless, a decision must be made. So what do you do when it's decision time and you aren't sure what to do? Option 1: Buy a Magic 8-Ball. OR Option 2: Ask, "Am I being completely honest with myself?"

### DISCUSSION QUESTIONS

1. Describe one of the best decisions you've made in the recent past.
2. Describe one of the worst "*what was I thinking???*" decisions you've made in the recent past. How would your life look if you had decided differently?
3. Why do most people make decisions that result in "happy" outcomes rather than "healthy" outcomes? Which category would you include yourself in?
4. Read Jeremiah 17:9. Jeremiah makes an honest assessment of the heart and uncovers its trickery. How have you experienced the deceitfulness of the heart?
5. Why would being honest with ourselves be both liberating and terrifying?
6. What can you do to remind yourself to ask, "Am I being completely honest with myself?" as you're making decisions this week?

Having a conversation aloud with yourself in front of the mirror could be considered crazy, but it could be one of the most helpful things you do as you figure out your next move. Before you make your next big decision, have that honest conversation with yourself and ask, Why am I really doing this?!?!

*The heart is deceitful above all things and beyond cure. Who can understand it?*  
-Jeremiah 17:9